Emergencies in urological oncology

- Spontaneous Perinephric Hemorrhage
- Intractable Bladder Hemorrhage
- Ureteral Obstruction
- Bladder Outlet Obstruction
- Complications of Bacille Calmette-Guerin therapy
- Hypercalcemia of Malignancy
- Malignant Spinal Cord Compression

Spontaneous Perinephric Haemorrhage

Etiologies:-

- Neoplasm (57%–66%).
- Vascular disease (17%–26%).
- Idiopathic hemorrhage (6.7%).
- Infection (2.4%).

Spontaneous Perinephric Haemorrhage

Diagnosis:-

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Incidence: Males = Females, Right = Left kidneys.
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Presentation:

Flank or abdominal pain: 83-100%

Haematuria: 0-19%

Hypovolaemic shock: 11%

Laboratory studies:

CBC, electrolytes, (BUN), creatinine, and a coagulation profile.

Imaging:

CT with intravenous (i.v.) contrast,

MRI,

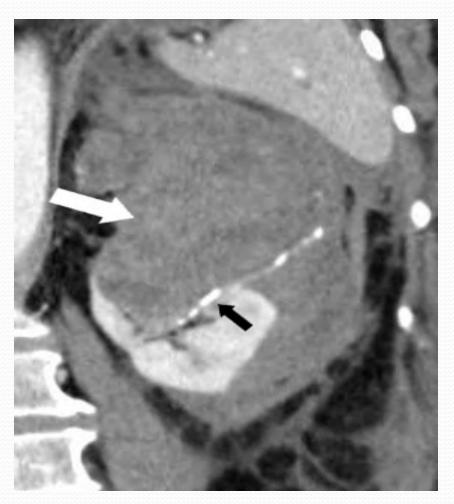
Diagnostic arteriography.

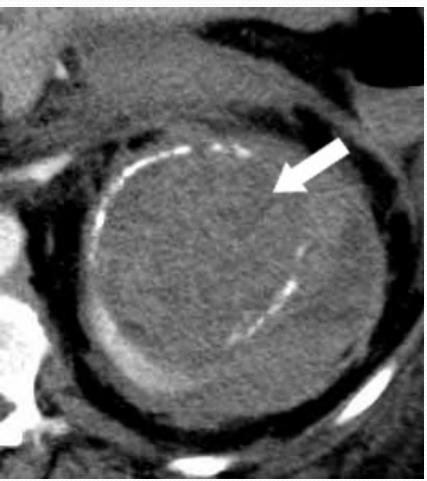
It shows a lipid containing (L) mass located posterior of the right kidney with haemorrhage in the right retroperitoneal space (star); also contrast extravasations can be seen within the mass as high attenuation areas...





Large perirenal hematoma. A renal cystic mass (white arrows) and irregular peripheral calcifications (black arrow) was seen, suspicious of a complicated cyst with hemorrhage. Histologically a clear-cell renal-cell carcinoma was found





Spontaneous Perinephric Haemorrhage

Treatment:-

Conservative measures are first-line and nephrectomy is reserved as an option of last resort.

Haemodynamically stable patients:-

- Bed rest,
- Periodic monitoring of vital signs and serum hemoglobin.

Haemodynamically unstable patients:-

- Diagnostic arteriography and selective embolization.
- Open nephrectomy.
- Partial nephrectomy.

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Introduction:-

 Gross hematuria is not uncommon among patients with genitourinary malignancies.

It can be the presenting sign of cancer involving the urinary tract or it may arise as a direct complication of cancer treatment.

• In most cases, the hematuria is of mild to moderate severity and resolves with conservative measures.

Some cases, however, involve intractable hemorrhage that can be life-threatening without effective treatment.

Etiologies:

- Advanced urothelial carcinoma,
- Severe infection,
- Chemotherapy-induced hemorrhagic cystitis,
- Radiation cystitis.

(1) <u>Transitional Cell Carcinoma:</u>-

- Gross or microscopic hematuria is the typical manner of presentation.
- Patients with bleeding from advanced bladder cancer who fail conservative measures, may receive benefit from the addition of external beam radiotherapy.
- Treatment is primarily surgical
 - Transurethral resection for superficial TCC,
 - Radical cystectomy for invasive TCC.

(2) <u>Hemorrhagic Cystitis:</u>-

- Gross hematuria secondary to diffuse inflammation of the bladder.
- Viral infection,
- Radiation-induced inflammation
- Chemotherapy- induced inflammation.
- While relatively uncommon in patients with genitourinary malignancies, viral-mediated hemorrhagic cystitis occurs in as many as 50% of patients undergoing bone marrow transplantation.

(3) Radiation Cystitis:-

- It is a late complication, occurs at least 90 days after the initiation of radiation treatment but may be delayed up to 10 years or more.
- Common with prostate and cervical cancer patients receiving pelvic radiotheray.
- Presented by:
- Severe irritative voiding symptoms
- Gross hematuria.
- The most difficult form of bladder hemorrhage to treat, Due to the ischemic nature of the injury and poor wound healing.

Evaluation:

- History:
 - The ability to void should be questioned
 - Prior malignancy, radiotherapy, or cyclophosphamide,
 - Medications.
- Physical examination:
 - Hemodynamic stability.
 - Overall health status of the patient
 - Presence of urinary retention.

Evaluation:

- Investigations:
 - CBC and differential,
 - BUN, creatinine,
 - Coagulation profile.

- Serum electrolytes,
- Urine culture,

management:

• Initial therapy is directed toward maintaining hemodynamic support through i.v. fluids as well as through blood and blood product replacement as necessary.

- Clot evacuation (catheter or cystoscopic) plus Intermittent saline irrigation or Continuous saline irrigation
- Cystoscopy ± fulguration
- Oral agents
 - E-aminocaproic acid
 - Sodium pentosan polysulphate
- Intravesical agents
 - Alum 1%
 - Prostaglandin-E1, -E2, and -F2
 - Formalin (begin e 4%, up to 10%)
- Hyperbaric oxygen therapy
- Embolization of internal iliac artery
- Surgery (urinary diversion, with or without open bladder packing or cystectomy)

<u>Grade</u>

Mild

 No acute decrease in hematocrit(Hct)

Moderate

- Drop in Hct
- Requires < 6 HU of packed red blood cells to maintain hemodynamic stability
- Urinary clot retention

Severe

- Refractory to saline irrigation, E-aminocaproic acid, alum, prostaglandin.
- Requires >6 HU of packed red blood cells to maintain hemodynamic stability

Treatment

- Saline irrigation
- E-aminocaproic acid or Sodium pentosan polysulphate
- Intravesical alum
- Above plus:
- Clot evacuation
- Cystoscopy ± fulguration
- Intravesical prostaglandin or
- Formalin
- Above plus:
- Intravesical formalin
- Embolization
- Surgery

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Etiologies:-

Intramural tumor growth, extramural compression, or from retroperitoneal fibrosis secondary to cancer treatment.

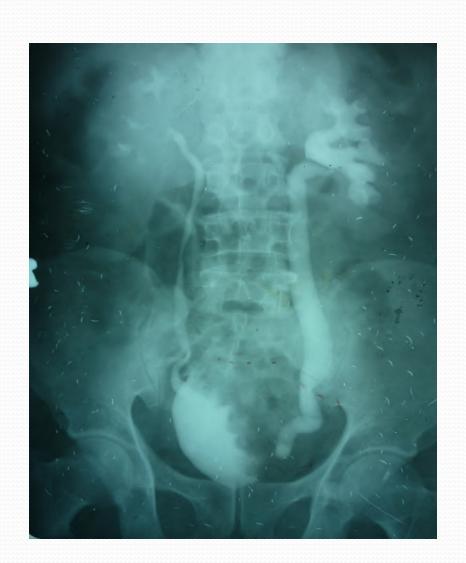
- Pelvic genitourinary malignancies: 70%
- Retroperitoneal lymphadenopathy.

Presentation:-

- Acute unilateral obstruction
- Chronic unilateral obstruction
- Bilateral obstruction, acute or chronic.

Evaluation:-

- history and physical examination.
- Laboratory evaluation: CBC, serum electrolytes, BUN, creatinine, urine culture and coagulation parameters.
- Imaging:
 - Abdominal ultrasound,
 - Computed tomography,
 - Magnetic resonance imaging.





Treatment:-

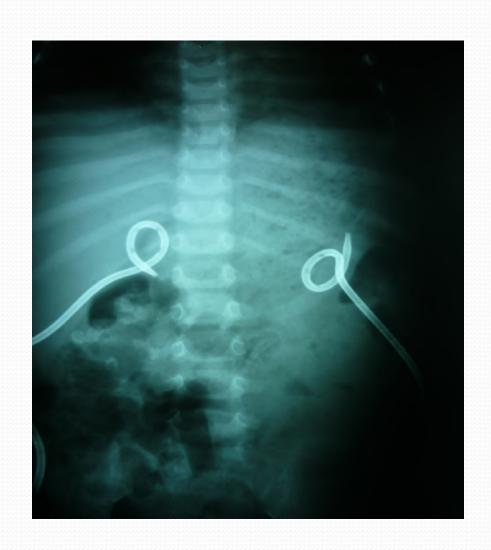
Depends upon:

- Etiology and site of obstruction,
- Oncologic prognosis,
- Quality of life,

• Noninvasive treatment modalities:

- Retrograde internal ureteral stent (IUS) insertion.
- Radiology- guided percutaneous nephrostomy (PCN) insertion.

PCN or IUS





Treatment:-

When PCN insertion will be first choice?

Radiographic imaging suspicious for involvement of the bladder and ureteral orifice is an indication for initial PCN, as trails of IUS insertion will carry high failure rate. moreover, One-third of patients will ultimately fail IUS within 6 months and require long-term PCN due to repeat obstruction

When IUS insertion will be first choice?

Situations in which anatomic anomalies present a technical challenge to PCN insertion (e.g., horseshoe kidney) or cases involving a solitary kidney in which renal loss secondary to PCN-related renal hemorrhage would be disastrous.

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Etiologies:-

- (1) Mechanical bladder outlet obstruction (BOO): -
 - Localized growth of prostate cancer
 - Bladder neck contracture (BNC) after radical prostatectomy
 - Urinary retention following prostatic brachytherapy
- (2) Neurophysiologic bladder dysfunction :-
 - Medication side effects,
 - Postoperative pain and immobility,
 - Radical pelvic surgery,
 - Chronic disease such as diabetes mellitus.

Evaluation:-

- History
- Physical examination
 - Lower midline abdominal mass, dullness with percussion.
 - Pelvic and rectal examination.
 - Neurological examination.
 - Renal insufficiency.
- Laboratory evaluation
 - CBC, serum electrolytes, BUN, and serum creatinine.
 - Urine anlysis and urine culture.
- Imaging
 - Abdominal ultrasound.

Treatment:-

- Bladder decompression:-
- Urethral Foley catheter
- Cystoscopy and possible urethral dilation for catheter insertion.
- Suprapubic cystostomy tube
- Neurophysiologic bladder dysfunction :
- Often resolves after a period of bladder decompression.
- Clean Intermittent Catheterization(CIC).

Treatment:-

- Locally advanced prostate cancer:
- Androgen deprivation therapy,
- Palliative or channel TURP,
- Urethral stent,
- Chronic catheterization.
- Urinary Retention After Prostatectomy:
- Transurethral incision of the contracture.

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BCG:-

- A live attenuated strain of the bovine tuberculous mycobacterium,
- It has antineoplastic effect through the stimulation of a nonspecific inflammatory reaction at the bladder level.

Side effects of BCG therapy:-

- Local:-
 - Cystitis.
- Systemic:-
 - 1- BCG-Related Fever:
 - 2- BCG Sepsis:
 - 3- BCG-osis:

1- BCG-Related Fever:

It is a benign immune response to mycobacterial exposure in most cases.

Evaluation:-

- CBC, serum electrolytes, creatinine, liver function studies, and mycobacterial blood cultures.
 - Standard blood and urine cultures.
 - plain radiograph of the chest.

Treatment:-

- Outpatient symptomatic treatment with oral antipyretics
- single-agent antitubercular treatment.

Isoniazid (INH) (300 mg once a day by mouth for 3 months) is the antitubercular agent of choice for BCG-related fever.

2- BCG Sepsis:

- The most serious complication of BCG therapy
- Predisposing factors:-
 - traumatic catheterization
 - Severe cystitis and recent transurethral surgery
- Pesentation:-
 - Fever
 - Blood and urine cultures are typically negative.
 - Hemodynamic instability
 - Signs of multisystem organ failure

Management:-

- Empiric triple-drug therapy
- A 6-month course of INH, rifampin, and ethambutol
- Fluoroquinolone or ampicillin plus gentamicin
- Corticosteroids ??

3- BCG-osis:

 BCG-osis is a variant of systemic infection wherein the lungs, liver, or both are primarily affected.

• Presentation:-

- Similar to that of BCG sepsis.
- Hemodynamically stable.
- Pulmonary or hepatic disease.

Diagnosis:-

- Abnormal chest radiograph
- Elevated liver enzymes
- Bronchoalveolar aspiration
- Biopsy of the lungs or liver.

Management:-

- A 6-month course of INH and rifampin.
- Ethambutol is added if the patient is acutely ill, as are corticosteroids.

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- Hypercalcemia is the most common paraneoplastic syndrome of malignancy.
- Among genitourinary malignancies, it is most frequently identified in association with RCC (3%-25%)

Pathophysiology:

Two pathogenic mechanisms:

- (1) Focal osteolytic bone destruction secondary to bone metastases,
- (2) Uncoupling of bone turnover secondary to tumor-secreted humoral factors. (*Humoral Hypercalcemia of Malignancy (HHM)*).

The humoral factor most commonly associated with HHM, including that of RCC, is parathyroid hormone related protein (PTHrP).

Presentation:

- Non specific Symptoms :
 - Fatigue, Anorexia,
 - Nausea, Constipation.
- Polyuria and progressive dehydration
 - Induction of an osmotic diuresis,
 - Inhibition of antidiuretic hormone activity.
- Acute or chronic renal insufficiency
- Neurologic symptoms :
 - Weakness, Lethargy,
 - Disorientation

May progress into seizures, coma, and even death if treatment is delayed.

Evaluation:

Evaluation should include

- Symptoms severity,

- Renal function,

- Serum calcium level,

- Overall health status of the patient,

- Tumor stage,

- Oncologic prognosis.

• Laboratory investigations:

- CBC,

- Serum electrolytes,

- Ionized and total serum calcium,

-Albumin,

-BUN,

-Serum creatinine,

- Serum magnesium.

• Assays for PTHrP if available; however, the utility of this test is questionable.

Treatment:

• Asymptomatic patients:

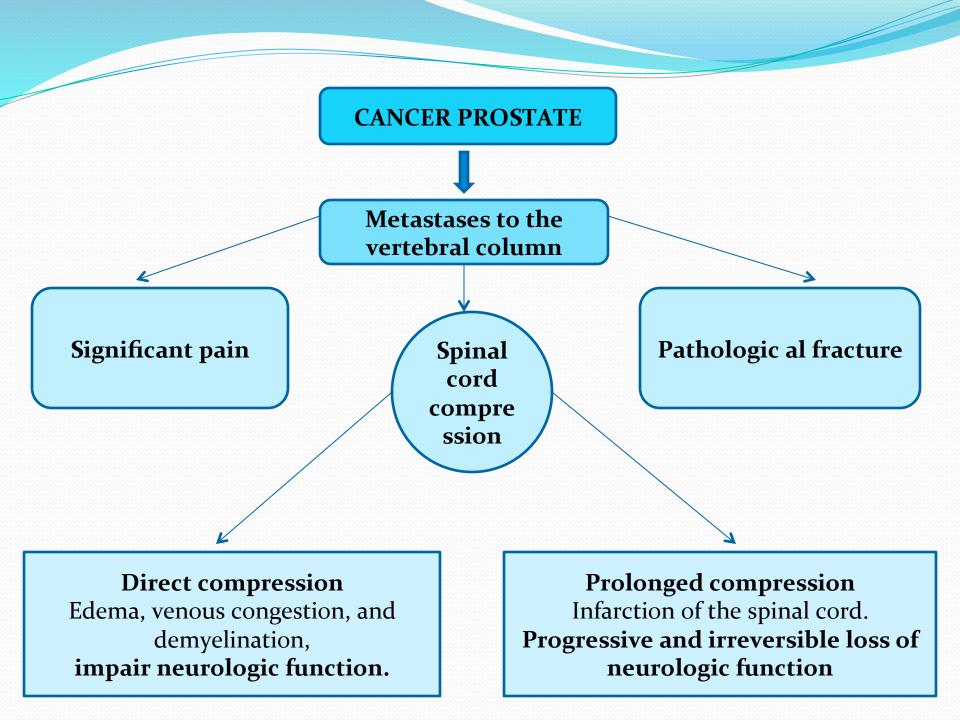
- Mild to moderately elevated serum calcium (<3.25 mmol/l,<14 mg/dl)
- No immediate treatment as an inpatient.
- Medical therapy on an outpatient basis
- Periodic monitoring of serum calcium and renal function.

- Symptomatic patients
 - Severe hypercalcemia with a serum calcium level above 3.25 mmol/l (>14 mg/dl)
 - Require **hospital admission** and immediate intervention.
 - I.V. hydration with isotonic saline.
 - Furosemide, a loop diuretic.
 - Additional medical therapy:
 - Bisphosphonate.
 - Calcitonin.
 - Gallium nitrate.
 - Dialysis:
 - Nephrectomy:

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Malignant Spinal Cord Compression

- Spinal cord compression is a debilitating complication of metastatic cancer identified in 5%–14% of cancer patients.
- Among urologic malignancies, it is most commonly seen with prostate cancer.



Malignant Spinal Cord Compression

Presentation:

- *Midline back pain* (90%):
- Most common. Localized to the level of cord compression
- Exacerbated by recumbency and improved by upright posture
- Motor weakness:
- The second most common feature
- Begins in the legs and affects proximal muscle groups
- Progression to paraplegia is typically a late event.

Malignant Spinal Cord Compression

Sensory changes:

- Occur soon after the onset of muscle weakness
- Hyperesthesia or paresthesias and sensory loss in the toes with proximal ascent
- autonomic dysfunction:
- Urinary retention, fecal incontinence, and impotence
- Usually late signs.

An exception is cauda equina syndrome in which lumbar metastases cause compression of the conus medullaris. Autonomic dysfunction can occur early in this setting and sensory loss often assumes a saddle-like distribution.

Thank you